

# Canadian International School Beijing Junior Morning Snack (ES) - 2020



						by <b>500</b> e
	MEAL	MONDAY	TUESDAY 9.1	WEDNESDAY 9.2	THURSDAY 9.3	FRIDAY 9.4
Week 1	Morning Snack		Raisin Bread 葡萄干面包 Fresh Milk 鲜牛奶	Homemade Cookies 自制饼干 Flavored Yogurt 果味酸奶	Egg Tart 蛋挞 Juice 果汁	Banana Cake 香蕉包 Fresh Milk 鲜牛奶



# Canadian International School Beijing Junior Morning Snack (ES) $\underline{\hspace{0.5cm}}$ - 2020



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	MEAL	MONDAY 9.7	TUESDAY 9.8	WEDNESDAY 9.9	THURSDAY 9.10	FRIDAY 9.11
Week 2	Morning Snack	Danish 丹麦包 Lime snow Apple water 青柠苹果水	Muffin 玛芬 Fresh Milk 鲜牛奶	Croissant 牛角 Plain Yogurt 原味酸奶	Pineapple Bread 菠萝包 Juice 果汁	Mini Chicken Sandwich 迷你鸡肉三明治 Fresh Milk 鲜牛奶



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	MEAL	MONDAY 9.14	TUESDAY 9.15	WEDNESDAY 9.16	THURSDAY 9.17	FRIDAY 9.18
Week 3	Morning Snack	Danish 丹麦包 Juice 果汁	Carrot Cake 胡萝卜蛋糕 Fresh Milk 鲜牛奶	Homemade Cookies 自制饼干 Flavored Yogurt 果味酸奶	Jam Sandwich 果酱三明治 Juice 果汁	Banana Cake 香蕉包 Fresh Milk 鲜牛奶



# Canadian International School Beijing Junior Morning Snack (ES) $\underline{\hspace{0.5cm}}$ 2020



						by <b>500</b> e
	MEAL	MONDAY 9.21	TUESDAY 9.22	WEDNESDAY 9.23	THURSDAY 9.24	FRIDAY 9.25
Week 4	Morning Snack	Danish 丹麦包 Lime snow Apple water 青柠苹果水	Muffin 玛芬 Fresh Milk 鲜牛奶	Carrot Cake 胡萝卜蛋糕 Plain Yogurt 原味酸奶	Pineapple Bread 菠萝包 Juice 果汁	Mini Chicken Sandwich 迷你鸡肉三明治 Fresh Milk 鲜牛奶



# Canadian International School Beijing Junior Morning Snack (ES) - 2020



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	MEAL	MONDAY 9.28	TUESDAY 9.29	WEDNESDAY 9.30	THURSDAY	FRIDAY
Week 5	Morning Snack	Danish 丹麦包 Juice 果汁	Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Egg Tart 蛋挞 Flavored Yogurt 果味酸奶		