

MENU

Canadian International School Beijing Junior Morning Snack (ES) - 2022



by **sodexo**

	MEAL	MONDAY	TUESDAY 11.1	WEDNESDAY 11.2	THURSDAY 11.3	FRIDAY 11.4
Week 1	Morning Snack		Dragon Fruit 火龙果 Muffin 玉米玛芬 Plain Yogurt 原味酸奶	Pear 梨 Chiffon Cake 戚风蛋糕 Fresh Milk 鲜牛奶	Apple 苹果 Chocolate Cake 巧克力蛋糕 Juice 果汁	

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	MEAL	MONDAY 11.7	TUESDAY 11.8	WEDNESDAY 11.9	THURSDAY 11.10	FRIDAY 11.11
Week 2	Morning Snack	Pear 梨 Danish 丹麦 Juice 果汁	Dragon Fruit 火龙果 Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Honey Melon 哈密瓜 Homemade Cookies 自制饼干 Flavored Yogurt 果味酸奶	Banana 香蕉 Egg Custard Bun 金麦流沙包 Juice 果汁	Apple 苹果 Muffin 巧克力玛芬 Fresh Milk 鲜牛奶

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	MEAL	MONDAY 11.14	TUESDAY 11.15	WEDNESDAY 11.16	THURSDAY 11.17	FRIDAY 11.18
Week 3	Morning Snack	Banana 香蕉 Danish 丹麦 Fresh Milk 鲜牛奶	Honey Melon 哈密瓜 Chiffon Cake 戚风蛋糕 Juice 果汁	Dragon Fruit 火龙果 Coconut Cookies 椰蓉曲奇饼 Plain Yogurt 原味酸奶	Pear 梨 Egg Tart 蛋挞 Juice 果汁	Apple 苹果 Muffin 玛芬 Fresh Milk 鲜牛奶

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	MEAL	MONDAY 11.21	TUESDAY 11.22	WEDNESDAY 11.23	THURSDAY 11.24	FRIDAY 11.25
Week 4	Morning Snack	Apple 苹果 Marble Cake 大理石蛋糕 Juice 果汁	Banana 香蕉 Homemade Cookies 自制饼干 Fresh Milk 鲜牛奶	Pear 梨 Pineapple Bread 菠萝包 Flavored Yogurt 果味酸奶	Honey Melon 哈密瓜 Pumpkin Cake 南瓜蛋糕 Juice 果汁	Dragon Fruit 火龙果 Muffin 玛芬 Fresh Milk 鲜牛奶

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	MEAL	MONDAY 11.28	TUESDAY 11.29	WEDNESDAY 11.30	THURSDAY	FRIDAY
Week 5	Morning Snack	Banana 香蕉 Chiffon Cake 戚风蛋糕 Juice 果汁	Dragon Fruit 火龙果 Danish 丹麦 Fresh Milk 鲜牛奶	Apple 苹果 Homemade Cookies 自制饼干 Plain Yogurt 原味酸奶		