

MENU

CISB Early KGT Snack Menu Morning Snack & Afternoon Snack — 2021



	MEAL	MONDAY (1.4)	TUESDAY (1.5)	WEDNESDAY (1.6)	THURSDAY (1.7)	FRIDAY (1.8)
Week 1	Morning Snack	Banana 香蕉	Orange 桔子	Apple 苹果	Pear 梨	Orange 桔子
	Afternoon Snack	Egg Tart 蛋挞 100% Orange Juice 100%橙汁	Pineapple Bun 菠萝包 Pear fruit water 冰糖梨水	Fruit Jam Cake 果酱蛋糕 Yogurt 酸奶	Cheese Sandwich 芝士三明治 Red Bean Soup 红豆汤	Banana Bread 香蕉包 Milk 牛奶

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	MEAL	MONDAY (1.11)	TUESDAY (1.12)	WEDNESDAY (1.13)	THURSDAY (1.14)	FRIDAY (1.15)
Week 2	Morning Snack	Banana 香蕉	Orange 桔子	Apple 苹果	Orange 桔子	Pear 梨
	Afternoon Snack	Oatmeal Cookies 燕麦饼干 Yogurt 酸奶	Pumpkin Cake 南瓜蛋糕 Red Bean Soup 红豆汤	Raisin Bread 葡萄干面包 Pear fruit water 冰糖梨水	Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Carrot Cake 胡萝卜蛋糕 Lime snow Apple water 青柠苹果水 矿泉水

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	MEAL	MONDAY (1.18)	TUESDAY (1.19)	WEDNESDAY (1.20)	THURSDAY (1.21)	FRIDAY (1.22)
Week 3	Morning Snack	Banana 香蕉	Orange 桔子	Apple 苹果	Pear 梨	Orange 桔子
	Afternoon Snack	Egg Tart 蛋挞 100% Orange Juice 100%橙汁	Pineapple Bun 菠萝包 Pear fruit water 冰糖梨水	Coconut Cookies 椰蓉曲奇饼 Yogurt 酸奶	Cheese Sandwich 芝士三明治 Red Bean Soup 红豆汤	Banana Bread 香蕉包 Milk 牛奶

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	MEAL	MONDAY (1.25)	TUESDAY (1.26)	WEDNESDAY (1.27)	THURSDAY (1.28)	FRIDAY (1.29)
Week 4	Morning Snack	Banana 香蕉	Orange 桔子	Pear 梨	Orange 桔子	Apple 苹果
	Afternoon Snack	Oatmeal Cookies 燕麦饼干 Yogurt 酸奶	Mini Croissant 迷你牛角 Red Bean Soup 红豆汤	Chiffon Cake 戚风蛋糕 Pear fruit water 冰糖梨水	Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Carrot Cake 胡萝卜蛋糕 Lime snow Apple water 青柠苹果水 矿泉水