



MEAL/ 菜品	MONDAY	TUESDAY 5.4	WEDNESDAY 5.5	THURSDAY 5.6	FRIDAY 5.7
Soup		Creamy Pumpkin Soup 奶油南瓜汤	Tomato Egg Soup 番茄鸡蛋汤	Creamy Mushroom Soup 奶油蘑菇汤	Chicken & Corn Soup 鸡茸粟米羹
Asian		Sweet & Sour Chicken with pineapple 菠萝咕嚕鸡肉 Sautéed Cabbage 手撕圆白菜 Steamed Rice 米饭	Chinese Noodles with Braised Beef Soup 兰州牛肉面 Sautéed Bok Choi 白灼菜心 Turnip, Cilantro 白萝卜, 香菜	Smoked Duck Sichuan style 四川樟茶鸭 Sautéed Bok Choi 清炒油菜 Steamed Rice 白米饭	Braised Pork Rice 台式卤肉饭 Braised Egg 卤蛋 Wok-Fried Cabbage 炆炒圆白菜















MEAL/ 菜品	MONDAY 5.10	TUESDAY 5.11	WEDNESDAY 5.12	THURSDAY 5.13	FRIDAY 5.14
Soup	Russian Soup 罗宋汤	Creamy Potato Soup 奶油土豆汤	Korean Miso Soup 韩式大酱汤	Tomato Egg Soup 番茄鸡蛋汤	Winter Melon & Balls Soup 冬瓜鸡丸汤
Asian	Braised Pork balls 红烧猪肉丸子 Sautéed Cabbage & Carrot 胡萝卜炒圆白菜 Steamed Rice 米饭	Pork with salted vegetable 梅菜扣猪肉 Sautéed Cole 清炒油菜 Steamed Rice 米饭	Cross bridge Rice Noodles 过桥米线 Sautéed Lettuce 圆生菜 Chinese Hamburger 猪肉肉夹馍	Mutton with onion and cumin 洋葱孜然炒羊肉 Sautéed Cabbage 炆炒圆白菜 Steamed Rice 米饭	Xin jiang Dapan Chicken 新疆大盘鸡 Sautéed Cole with Mushroom 香菇油菜 Stemed rice 米饭











MEAL/ 菜品	MONDAY 5.17	TUESDAY 5.18	WEDNESDAY 5.19	THURSDAY 5.20	FRIDAY 5.21
Soup	Minestrone Soup 意式蔬菜汤	Chicken&Mushroom Soup 香菇炖鸡汤	Creamy Carrot Soup 奶油胡萝卜汤	Chinese Cabbage Soup 白菜粉丝汤	Creamy Corn Soup 奶油玉米汤
Asian	Coke Chicken  Drumsticks 可乐鸡腿 Sautéed bok choy  清炒油菜 Fried Rice 蔬菜炒饭	Taiwan Basil Chicken  台式三杯鸡 Sautéed cabbage  清炒圆白菜 Steamed Rice 米饭	Pickled cabbage Beef  noodles 酸菜金针菇肥牛面 Sautéed Bok Choi  白灼油菜	Sautéed beef With  Mushroom 杏鲍菇炒牛肉 Sautéed Cai Sim  清炒油菜 Soy sauce Rice 酱油炒饭	Sautéed Beef Slice in  Hot Chilli Oil 巴蜀水煮牛肉 Sautéed bok choy  清炒油菜 Steamed Rice 米饭





MEAL/ 菜品	MONDAY 5.24	TUESDAY 5.25	WEDNESDAY 5.26	THURSDAY 5.27	FRIDAY 5.28
Soup	Miso Soup 日式味噌汤	Creamy Pumpkin Soup 奶油南瓜汤	Tomato Egg Soup 番茄鸡蛋汤	Cream Broccoli Soup 奶油西蓝花汤	Chicken & Corn Soup 鸡茸粟米羹
Asian	 Braised Duck Leg 久久麻辣鸭腿  Sautéed Cabbage 木耳炒圆白菜 Steamed Rice 米饭	 Spiced roast Beef 五香烧牛腩  Sautéed Cole 清炒油菜 Steamed Rice 米饭	Diaoxiao Noodles 刀削面 Marinated pork 小卤猪肉 Sautéed Bok Choi 白灼菜心  香菜, 小葱	Hot Spicy Pot 麻辣香锅 Stew cabbage and vermicelli  包菜炒粉条 Steamed Rice 米饭	 Fried Rice Noodle 牛肉炒河粉  Chicken Satay 沙爹鸡肉串  Sautéed Cole 白灼菜心





MEAL/ 菜品	MONDAY 5.31	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Russian Soup 罗宋汤				
Asian	Braised Pork balls 红烧狮子头 Sautéed Cabbage & Carrot 胡萝卜炒圆白菜 Steamed Rice 米饭				

