

MENU

Canadian International School Beijing Junior Morning Snack (ES) - 2021



	MEAL	MONDAY 8.9	TUESDAY 8.10	WEDNESDAY 8.11	THURSDAY 8.12	FRIDAY 8.13
Week 1	Morning Snack	Donut 多拿圈 Juice 果汁	Croissant 牛角 Fresh Milk 鲜牛奶	Carrot Cake 胡萝卜蛋糕 Plain Yogurt 原味酸奶	Egg Tart 蛋挞 Juice 果汁	Raisin Bread 葡萄干面包 Fresh Milk 鲜牛奶

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by **sodexo**

	MEAL	MONDAY 8.16	TUESDAY 8.17	WEDNESDAY 8.18	THURSDAY 8.19	FRIDAY 8.20
Week 2	Morning Snack	Danish 苹果丹麦包 Juice 果汁	Donut 多拿圈 Fresh Milk 鲜牛奶	Homemade Cookies 自制饼干 Flavored Yogurt 果味酸奶	Jam Sandwich 果酱面包 Juice 果汁	Banana Cake 香蕉包 Fresh Milk 鲜牛奶

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by **sodexo**

	MEAL	MONDAY 8.23	TUESDAY 8.24	WEDNESDAY 8.25	THURSDAY 8.26	FRIDAY 8.27
Week 3	Morning Snack	Danish 水果丹麦包 Lime snow Apple water 青柠苹果水	Donut 多拿圈 Fresh Milk 鲜牛奶	Croissant 牛角 Plain Yogurt 原味酸奶	Pineapple Bread 菠萝包 Juice 果汁	Egg Tart 蛋挞 Fresh Milk 鲜牛奶

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FOR YOU FOR THE PLANET

by sodexo*

	MEAL	MONDAY 8.30	TUESDAY 8.31	WEDNESDAY	THURSDAY	FRIDAY
Week 4	Morning Snack	Donut 多拿圈 Juice 果汁	Chocolate Muffin 巧克力玛芬 Fresh Milk 鲜牛奶			