























MEAL/菜品	MONDAY 8.9	TUESDAY 8.10	WEDNESDAY 8.11	THURSDAY 8.12	FRIDAY 8.13
<b>Soup</b>	Chinese Cabbage Soup 白菜粉丝汤	Creamy Carrot Soup 奶油胡萝卜汤	Seaweed & Egg Soup 紫菜蛋花汤	Cream of mushroom soup 奶油蘑菇汤	White Fungus soup 银耳羹
<b>Western</b>	<p>Mexican Chicken Roll   墨西哥鸡肉卷</p> <p>Fried Corn Chips 炸玉米脆</p> <p>Mixed Vegetables   混合时蔬</p>	<p>Bibimbap 石锅拌饭</p> <p>Beef Slice/ Mushroom/Zucchini/   Carrot/ Bean Sprout/Egg 肥牛, 蘑菇, 西葫芦 胡萝卜, 豆芽, 煎鸡蛋</p> <p>Pickled kimchi   泡菜</p>	<p>Fried beef rolls   照烧金针肥牛</p> <p>Chinese vegetable   蔬菜</p> <p>Steamed Rice 米饭</p>	<p>Fried Fish Fillet with Tartar   Sauce  英式炸鱼配塔塔 汁</p> <p>French Fries 薯条</p> <p>Mixed Vegetables   混合时蔬</p>	<p>Spaghetti 意大利直面</p> <p>Penne 意大利斜切面</p> <p>Bolognese   牛肉酱</p> <p>Tomato Sauce 番茄酱 (番茄, 芝士, 培根, 蘑菇, 洋 葱)</p>















MEAL/菜品	MONDAY 8.16	TUESDAY 8.17	WEDNESDAY 8.18	THURSDAY 8.19	FRIDAY 8.20
<b>Soup</b>	Tomato Egg Soup 番茄蛋汤	Mixed Beef Soup 西湖牛肉羹	Minestrone Soup 意式蔬菜汤	Korean Soup 韩式酱汤	Corn soup 玉米羹
<b>Western</b>	Salami Pizza 猪肉萨拉米披萨 Cheese Pizza 芝士披萨 Chicken Wings  烤鸡翅 Mixed Vegetables  混合时蔬	 Rosemary Chicken 迷迭香烤鸡 Mix Vegetable  混合时蔬 Roasted Potato 烤土豆	 Baked Green Pesto Fish Fillet 青酱烤龙利鱼  Roasted Tomato 烤小番茄 Mushroom Risotto 蘑菇芝士焗饭	 Beef & Cheese Hamburger 牛肉芝士汉堡包  Home Made French Fries 自制薯条 Cheese/ pickle  芝士/酸黄瓜	Curry Fried Pork Chop 炸猪排 配咖喱酱 Mix Vegetable  混合时蔬 Roasted Potato 烤土豆






MEAL/菜品	MONDAY 8.23	TUESDAY 8.24	WEDNESDAY 8.25	THURSDAY 8.26	FRIDAY 8.27
<b>Soup</b>	French onion soup 法式洋葱汤	Chicken & black mushroom soup 蘑菇鸡汤	Potato Soup 土豆汤	Winter melon Chicken ball soup 瓜鸡丸汤	Pumpkin Soup 南瓜汤
<b>Western</b>	Korean wok-fried chicken  韩国炒鸡 Korean style rice cake 韩国风味米条 Pickled vegetables  泡菜	Italy Style Chicken Stew  意大利番茄烩鸡 Grilled Vegetable  扒蔬菜 Green Pesto Pasta 罗勒酱意面	Italy Risotto with Seafood  意大利海鲜烩饭 Broccoli and Cherry Tomato  西兰花小番茄	Pork panini 猪肉帕尼尼 Fried chicken  炸鸡 Mix Vegetable  混合时蔬	Roasted chicken w/mushroom sauce  烤春鸡配蘑菇汁 Mixed Vegetables  混合时蔬 Baked potato wedge 烤土豆





MEAL/菜品	MONDAY 8.30	TUESDAY 8.31	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Tomato Egg Soup 番茄蛋汤	Mixed Beef Soup 西湖牛肉羹			
<b>Western</b>	Korean Roasted Pork 韩式烤五花肉 Kimchi Cabbage 辣白菜 Fried Kimchi Rice 韩式泡菜炒饭	 Chicken & Cheese Hamburger 鸡肉芝士汉堡包 French Fries 薯条 Cheese 奶酪 Vegetable 时蔬			

