

MENU

CISB Early KGT Snack Menu Morning Snack & Afternoon Snack — 2021



	MEAL	MONDAY 11.1	TUESDAY 11.2	WEDNESDAY 11.3	THURSDAY 11.4	FRIDAY 11.5
Week 1	Morning Snack	Banana 香蕉	Orange 桔子	Apple 苹果	Pear 梨	Honey Melon 哈密瓜
	Afternoon Snack	Cheese Sandwich 芝士三明治 100% Orange Juice 100%橙汁	Pineapple Bun 菠萝包 Pear fruit water 冰糖梨水	Fruit Jam Cake 果酱蛋糕 Yogurt 酸奶	Egg Tart 蛋挞 Red bean with coconut milk 椰奶红豆沙	Banana Bread 香蕉包 Milk 牛奶

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	MEAL	MONDAY 11.8	TUESDAY 11.9	WEDNESDAY 11.10	THURSDAY 11.11	FRIDAY 11.12
Week 2	Morning Snack	Banana 香蕉	Orange 桔子	Apple 苹果	Watermelon 西瓜	Pear 梨
	Afternoon Snack	Oatmeal Cookies 燕麦饼干 Yogurt 酸奶	Pumpkin Cake 南瓜蛋糕 Red Bean Soup 红豆汤	Raisin Bread 葡萄干面包 Pear fruit water 冰糖梨水	Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Carrot Cake 胡萝卜蛋糕 Lime snow Apple water 青柠苹果水

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by **sodexo**

	MEAL	MONDAY 11.15	TUESDAY 11.16	WEDNESDAY 11.17	THURSDAY 11.18	FRIDAY 11.19
Week 3	Morning Snack	Banana 香蕉	Honey Melon 哈密瓜	Apple 苹果	Pear 梨	Orange 桔子
	Afternoon Snack	Muffin 原味玛芬 100% Orange Juice 100%橙汁	Raisin Cake 提子蛋糕 Pear fruit water 冰糖梨水	Coconut Cookies 椰蓉曲奇饼 Yogurt 酸奶	Egg Tart 蛋挞 Red Bean Soup 红豆汤	Banana Bread 香蕉包 Milk 牛奶

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	MEAL	MONDAY 11.22	TUESDAY 11.23	WEDNESDAY 11.24	THURSDAY 11.25	FRIDAY 11.26
Week 4	Morning Snack	Banana 香蕉	Orange 桔子	Pear 梨	Watermelon 西瓜	Apple 苹果
	Afternoon Snack	Oatmeal Cookies 燕麦饼干 Yogurt 酸奶	Mini Croissant 迷你牛角 Red bean with coconut milk 椰奶红豆沙	Chiffon Cake 戚风蛋糕 Pear fruit water 冰糖梨水	Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Carrot Cake 胡萝卜蛋糕 Lime snow Apple water 青柠苹果水

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CISB Early KGT Snack Menu Morning Snack & Afternoon Snack — 2021



by *sodexo*

	MEAL	MONDAY 11.29	TUESDAY 11.30	WEDNESDAY	THURSDAY	FRIDAY
Week 5	Morning Snack	Banana 香蕉	Pear 梨			
	Afternoon Snack	Muffin 原味玛芬 100% Orange Juice 100%橙汁	Spinach Cheese Tower 菠菜芝士塔 Fresh Milk 鲜牛奶			