

MENU

CISB Early KGT Snack Menu Morning Snack & Afternoon Snack — 2022



	MEAL	MONDAY 1.3	TUESDAY 1.4	WEDNESDAY 1.5	THURSDAY 1.6	FRIDAY 1.7
Week1	Morning Snack	Banana 香蕉	Orange 桔子	Apple 苹果	Orange 桔子	Pear 梨
	Afternoon Snack	Oatmeal Cookies 燕麦饼干 Yogurt 酸奶	Pumpkin Cake 南瓜蛋糕 Red Bean Soup 红豆汤	Egg Tart 蛋挞 Pear fruit water 冰糖梨水	Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Carrot Cake 胡萝卜蛋糕 Lime snow Apple water 青柠苹果矿泉水

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	MEAL	MONDAY 1.10	TUESDAY 1.11	WEDNESDAY 1.12	THURSDAY 1.13	FRIDAY 1.14
Week 2	Morning Snack	Banana 香蕉	Honey Melon 哈密瓜	Apple 苹果	Pear 梨	Orange 桔子
	Afternoon Snack	Cheese Sandwich 芝士三明治 100% Orange Juice 100%橙汁	Pineapple Bun 菠萝包 Pear fruit water 冰糖梨水	Coconut Cookies 椰蓉曲奇饼 Yogurt 酸奶	Apple Muffin 苹果玛芬 Red bean with coconut milk 椰奶红豆沙	Banana Bread 香蕉包 Milk 牛奶

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	MEAL	MONDAY 1.17	TUESDAY 1.18	WEDNESDAY 1.19	THURSDAY 1.20	FRIDAY 1.21
Week 3	Morning Snack	Banana 香蕉	Orange 桔子	Apple 苹果	Honey Melon 哈密瓜	Pear 梨
	Afternoon Snack	Oatmeal Cookies 燕麦饼干 Yogurt 酸奶	Chiffon Cake 戚风蛋糕 Red Bean Soup 红豆汤	Raisin Bread 葡萄干面包 Pear fruit water 冰糖梨水	Banana Cake 香蕉包 Fresh Milk 鲜牛奶	Egg Tart 蛋挞 Lime snow Apple water 青柠苹果矿泉水

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by **sodexo**

	MEAL	MONDAY 1.24	TUESDAY 1.25	WEDNESDAY 1.26	THURSDAY 1.27	FRIDAY 1.28
Week 4	Morning Snack	Banana 香蕉	Pear 梨	Apple 苹果	Honey Melon 哈密瓜	Orange 桔子
	Afternoon Snack	Spinach Cheese Tower 菠菜芝士塔 Milk 牛奶	Mini Croissant 迷你牛角 Orange Juice 橙汁	Fruit Jam Cake 果酱蛋糕 Yogurt 酸奶	Muffin 原味玛芬 Red bean with coconut milk 椰奶红豆沙	Banana Bread 香蕉包 Pear fruit water 冰糖梨水