

| STATION                        | MONDAY | TUESDAY | WEDNESDAY<br>3.1                                                                                                           | THURSDAY<br>3.2                                                                                             | FRIDAY<br>3.3                                                                                                   |
|--------------------------------|--------|---------|----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| Soup                           |        |         | Daily Soup<br>每日例汤                                                                                                         | Daily Soup<br>每日例汤                                                                                          | Daily Soup<br>每日例汤                                                                                              |
| Staff Lunch<br>Set Menu<br>员工餐 |        |         | Steamed Chicken<br>with Mushroom<br>香菇蒸鸡肉<br>Stir-fried<br>Cabbage<br>炆炒圆白菜<br>Steamed Rice<br>米饭<br>Chinese Pancake<br>大饼 | Chinese Noodle<br>手擀面<br>Vegetarian Sauce<br>素打卤<br>Pork with<br>Soybean Paste<br>猪肉炸酱<br>Vegetable<br>时令蔬菜 | Spicy Duck with<br>Potato<br>麻辣鸭烧土豆<br>Stir-Fried Celery<br>with Dry Bean<br>Curd<br>香干芹菜<br>Steamed Rice<br>米饭 |
| Fruit                          |        |         | Fruit<br>水果                                                                                                                | Fruit<br>水果                                                                                                 | Yogurt<br>酸奶                                                                                                    |

| STATION                        | MONDAY<br>3.6                                                                                | TUESDAY<br>3.7                                                                                  | WEDNESDAY<br>3.8                                                                         | THURSDAY<br>3.9                                                                                     | FRIDAY<br>3.10                                                                                                                                  |
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| Soup                           | Daily Soup<br>每日例汤                                                                           | Daily Soup<br>每日例汤                                                                              | Daily Soup<br>每日例汤                                                                       | Daily Soup<br>每日例汤                                                                                  | Daily Soup<br>每日例汤                                                                                                                              |
| Staff Lunch<br>Set Menu<br>员工餐 | Sweet & Sour<br>Chicken<br>菠萝番茄鸡片<br>Sauteed Babby<br>Cababge<br>干锅娃娃菜<br>Steamed Rice<br>米饭 | Braised Pork with<br>Eggplant<br>猪肉粒烧茄子<br>Stir-fried<br>Cabbage<br>炆炒圆白菜<br>Steamed Rice<br>米饭 | Hot Spicy Pot<br>麻辣香锅<br>Stewed Cabbage<br>and Vermicelli<br>白菜炖粉条<br>Steamed Rice<br>米饭 | Chinese Noodles<br>手擀面<br>Shredded Pork in<br>Sichuan Pickle<br>Sauce<br>榨菜肉丝卤<br>Vegetable<br>时令蔬菜 | Stir-Fried Tofu<br>with Pork<br>家常豆腐<br>(猪肉)<br>Stir-fry Zucchini<br>& Egg<br>西葫芦炒鸡蛋<br>Steamed Rice<br>米饭<br>Stir-fry Chinese<br>Pancake<br>炒饼 |
| Fruit                          | Fruit<br>水果                                                                                  | Fruit<br>水果                                                                                     | Fruit<br>水果                                                                              | Fruit<br>水果                                                                                         | Yogurt<br>酸奶                                                                                                                                    |

# WEEKLY MENU

| STATION                        | MONDAY<br>3.13                                                                                                        | TUESDAY<br>3.14                                                                                                      | WEDNESDAY<br>3.15                                                                                | THURSDAY<br>3.16                                                                 | FRIDAY<br>3.17                                                                   |
|--------------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Soup                           | Daily Soup<br>每日例汤                                                                                                    | Daily Soup<br>每日例汤                                                                                                   | Daily Soup<br>每日例汤                                                                               | Daily Soup<br>每日例汤                                                               | Daily Soup<br>每日例汤                                                               |
| Staff Lunch<br>Set Menu<br>员工餐 | Shredded Pork<br>with Garlic Sauce<br>鱼香肉丝<br>Braised<br>Mushroom with<br>Winter Melon<br>蘑菇烧冬瓜<br>Steamed Rice<br>米饭 | Braised Pork with<br>Kelp<br>猪肉烧海带<br>Tofu & Cabbage<br>Stew<br>白菜炖豆腐<br>Steamed Rice<br>米饭<br>Chinese Pancake<br>大饼 | Braised Duck in<br>Sichuan Sauce<br>黄焖鸭块<br>Stir-fried<br>Cabbage<br>炆炒圆白菜<br>Steamed Rice<br>米饭 | Chinese Noodle<br>手擀面<br>Eggplant & Pork<br>Sauce<br>茄子猪肉丁卤<br>Vegetable<br>时令蔬菜 | Kung Pao<br>Chicken<br>宫保鸡丁<br>Sautéed Bok<br>Choy<br>清炒油菜<br>Steamed Rice<br>米饭 |
| Fruit                          | Fruit<br>水果                                                                                                           | Fruit<br>水果                                                                                                          | Fruit<br>水果                                                                                      | Fruit<br>水果                                                                      | Yogurt<br>酸奶                                                                     |

# WEEKLY MENU

| STATION                        | MONDAY<br>3.20                                                                                                | TUESDAY<br>3.21                                                                 | WEDNESDAY<br>3.22                                                                                      | THURSDAY<br>3.23                                                                    | FRIDAY<br>3.24                                                                                                                          |
|--------------------------------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| Soup                           | Daily Soup<br>每日例汤                                                                                            | Daily Soup<br>每日例汤                                                              | Daily Soup<br>每日例汤                                                                                     | Daily Soup<br>每日例汤                                                                  | Daily Soup<br>每日例汤                                                                                                                      |
| Staff Lunch<br>Set Menu<br>员工餐 | Braised Chicken<br>with Potato<br>鸡腿烧土豆<br>Chinese Bok<br>Choy with<br>Mushroom<br>香菇油菜<br>Steamed Rice<br>米饭 | Moo Shu Pork<br>木须肉（猪肉）<br>Sautéed Winter<br>Melon<br>烧冬瓜<br>Steamed Rice<br>米饭 | Stir-Fried Chicken<br>with Chili Sauce<br>辣子鸡丁<br>Stir-fried<br>Cabbage<br>炆炒圆白菜<br>Steamed Rice<br>米饭 | Noodles with<br>Beijing Style<br>Gravy (Pork)<br>三鲜打卤面（猪<br>肉）<br>Vegetable<br>时令蔬菜 | Shredded Pork<br>with Garlic Sauce<br>鱼香肉丝<br>Tofu & Cabbage<br>Stew<br>白菜豆腐<br>Steamed Rice<br>米饭<br>Stir-fry Chinese<br>Pancake<br>炒饼 |
| Fruit                          | Fruit<br>水果                                                                                                   | Fruit<br>水果                                                                     | Fruit<br>水果                                                                                            | Fruit<br>水果                                                                         | Yogurt<br>酸奶                                                                                                                            |

| STATION                        | MONDAY<br>3.27                                                                                                                  | TUESDAY<br>3.28                                                                                 | WEDNESDAY<br>3.29                                                                        | THURSDAY<br>3.30                                                   | FRIDAY<br>3.31                                                                                                                                      |
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| Soup                           | Daily Soup<br>每日例汤                                                                                                              | Daily Soup<br>每日例汤                                                                              | Daily Soup<br>每日例汤                                                                       | Daily Soup<br>每日例汤                                                 | Daily Soup<br>每日例汤                                                                                                                                  |
| Staff Lunch<br>Set Menu<br>员工餐 | Sauteed Duck<br>with Onion and<br>Cumin<br>洋葱孜然鸭炒肉<br>Stir-fry Chinese<br>Cabbage with<br>Vinegar<br>醋溜白菜<br>Steamed Rice<br>米饭 | Braised Pork with<br>Eggplant<br>猪肉片烧茄子<br>Stir-fried<br>Cabbage<br>炅炒圆白菜<br>Steamed Rice<br>米饭 | Hot Spicy Pot<br>麻辣香锅<br>Stewed Cabbage<br>and Vermicelli<br>白菜炖粉条<br>Steamed Rice<br>米饭 | Chinese Noodle<br>手擀面<br>Chicken Sauce<br>鸡丝卤<br>Vegetable<br>时令蔬菜 | Stir-Fried Pork<br>with Black<br>Fungus<br>小炒猪肉片<br>Stir-fry Zucchini<br>& Egg<br>西葫芦炒鸡蛋<br>Steamed Rice<br>米饭<br>Stir-fry Chinese<br>Pancake<br>炒饼 |
| Fruit                          | Fruit<br>水果                                                                                                                     | Fruit<br>水果                                                                                     | Fruit<br>水果                                                                              | Fruit<br>水果                                                        | Yogurt<br>酸奶                                                                                                                                        |