

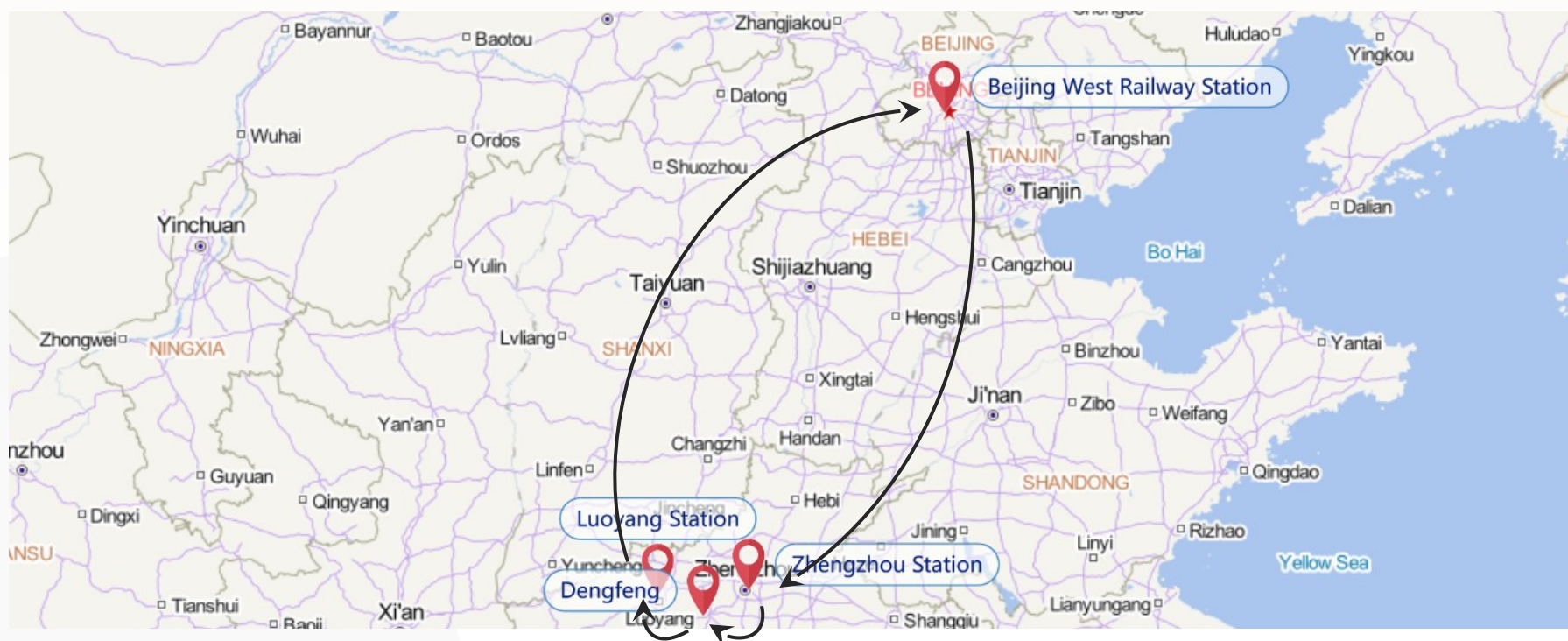


Canadian International School of Beijing – Luoyang & Dengfeng - School Excursion

Grade 11

17th-20th April

Group Name [Grade Level]	Destination	Travel Time (incl. rest stops as necessary)
Grade 11	Luoyang & Dengfeng	17 th -20 th April





PROGRAM DESTINATION



Luoyang, Henan

a city in the west of Henan province. Governed as a prefecture –level city, it borders the provincial capital of Zhengzhou to the east. Luoyang is among the oldest cities in China and **one of the cradles of Chinese civilization**. It is the earliest of the Four Great Ancient Capitals of China



Dengfeng, Henan

a county-level city of Henan province. It is located at the foot of Mount Song.

The city is one of the most renowned spiritual centers of China, such as **Shaolin temple**.

PROGRAM
DESTINATION



Your Learning Goals



Learning Outcome

- Visiting the Longmen Grottoes and the Shaolin Temple to appreciate Chinese art, culture, and history, promoting education and cultural heritage (UNSDG 4: Quality Education and UNSDG 11: Sustainable Cities and Communities).



Learning Outcome

- Participating in cultural and service activities to promote language skills and intercultural communication, contributing to education and intercultural dialogue (UNSDG 4: Quality Education and UNSDG 16: Peace, Justice and Strong Institutions).



Program Schedule

Timetable



TIME	LOCATION	ACTIVITIES
Day 1 (April 17th)	Beijing – Dengfeng (L, D)	<ul style="list-style-type: none">• 6:30 Meet WildChina tour leaders and guides on your campus• 6:45-8:00 Transfer to Beijing West Train Station and await boarding• 9:05-11:16 Take G train 65 (0905/1116) from Beijing West to Zhengzhou East• 11:30-13:00 Arrive at Zhengzhou East and bus transfer to Dengfeng• 13:00-14:00 Lunch• 14:00-14:30 Transfer to Shaolin temple, the birthplace of Chinese martial art• 14:30-17:30 Explore the temple & watch martial art performance• 17:30-17:45 Transfer to the hotel• 18:30-19:30 Welcome dinner

Timetable



TIME	LOCATION	ACTIVITIES
Day 2 (April 18th)	Dengfeng (B, L, D)	<ul style="list-style-type: none">• 8:00-9:00 Morning call and breakfast• 9:00-9:15 Transfer to local martial arts school• 9:15-11:45 Mingle with local students and take a Shaolin Martial arts class• 12:00-13:00 Lunch• 13:00-13:30 Transfer to Luotuoya village• 13:30-17:00 Group service activity in the local village: local farming & wall maintenance• 17:00-17:30 Transfer back to the hotel• 18:30-19:30 Dinner

Timetable



TIME	LOCATION	ACTIVITIES
Day 3 (April 19th)	Dengfeng – Luoyang (B, L, D)	<ul style="list-style-type: none">• 7:00-8:00 Breakfast and hotel check-out• 8:00-9:30 Transfer to Longmen Grottoes in Luoyang• 9:30-12:00 Take a guided tour of Longmen Grottoes. (Also known as the 'Dragon's Gate Grottoes', Longmen Caves are some of the finest examples of Chinese Buddhist art. Housing tens of thousands of statues of Shakyamuni Buddha and his disciples, the site was on the UNESCO World Heritage List as “an outstanding manifestation of human artistic creativity,” for its perfection of an art form, and for its encapsulation of the cultural sophistication of Tang China.)• 12:30-13:30 Lunch

Timetable



TIME	LOCATION	ACTIVITIES
Day 3 (April 19th)	Dengfeng – Luoyang (B, L, D)	<ul style="list-style-type: none">• 13:30-14:00 Drive to Luoyang Peony Pavilion, a peony flower themed museum. Note: Luoyang hosts the annual Peony Festival in April, so students are in Luoyang at the right time!• 14:00-15:30 Learn about the different kinds of peony flowers and their symbolism in Chinese culture• 16:00-17:30 Intangible Cultural Heritage Workshop: paper making, movable type printing, traditional Chinese wear experience, Tang Dynasty Etiquette• 17:30-18:30 Dinner• 18:30-19:10 Transfer to the hotel• 19:10-20:00 Check in the hotel and freshen up

Timetable



TIME	LOCATION	ACTIVITIES
Day 4 (April 20th)	Luoyang – Beijing (B, L)	<ul style="list-style-type: none">• 8:30-9:30 Breakfast and check out• 9:30-10:00 Transfer to Luoyang museum• 10:00-11:30 Explore the collections through a scavenger hunt• 12:00-13:00 Lunch• 13:00-13:30 Transfer to Luoyang Train Station• 14:35-18:48 Take G train G660 (1435/1848) from Luoyang to Beijing West• 18:48-19:50 Arrive in Beijing and transfer to campus

Highlights



- Intangible Cultural Heritage Workshop



- Shaolin Martial arts class



Accommodation

WHERE YOU'RE STAYING

Your Accommodations

All accommodations have been risk assessed, booked and confirmed. WildChina staff will assist with check in upon arrival.



HOTEL

Dengfeng Chanwu Hotel

登封禅武酒店



ADDRESS

intersection of Dengfeng Avenue and Dayu Road, Deng
河南省郑州市登封市登封大道与大禹路交叉口 158 号



TELEPHONE

0371-62808888



Dengfeng Chanwu Hotel

Dengfeng Zenwu Hotel is located in the west section of Dayu Road, Dengfeng City, Henan Province, an excellent tourist city in China, with superior geographical location and convenient transportation, 9 kilometers away from the Shaolin Temple of the Zen Ancestral Pavilion of the Millennium Temple, 7 kilometers away from the Taoist holy site Zhongyue Temple, 2 kilometers away from Songyang Academy, one of the four great academies of the Song Dynasty, 4 kilometers away from the Zen Shaolin Music Festival, and 2 kilometers away from the west exit of Zheng Shaoluo Expressway

WHERE YOU'RE STAYING

Your Accommodations

All accommodations have been risk assessed, booked and confirmed. WildChina staff will assist with check in upon arrival.



HOTEL

Luoyang Friendship Hotel

洛阳友谊宾馆



ADDRESS

No. 6, Xiyuan Road, Jianxi District, Luoyang City,
Henan Province

河南省洛阳市涧西区西苑路 6 号



TELEPHONE

0379-64685038



Luoyang Friendship Hotel

The Luoyang Friendship Hotel is a foreign-related tourist hotel rebuilt according to five-star standards rebuilt on the original site. The hotel has a dignified and elegant architectural style, combining Chinese and Western, which not only contains the rhythm of wealth and gorgeousness, but also is full of modern atmosphere of the 21st century.

The main building of the hotel is 24 floors, with a total construction area of more than 45,000 square meters, the hotel has three different styles of Chinese/Western restaurants, state banquet halls, and exquisite luxury private rooms, etc.



Your Host Contacts

Meet and Greet

Your trip begins when your WildChina academic managers, Barbie, meet you at campus by holding a WildChina sign. From there your academic managers will escort you to the bus where you can begin your journey.

Abraham, your WildChina travel consultant will be your office contact and will assist you on your journey. Feel free to call him with questions or concerns at any time and he will be happy to help.

Your Main Contacts

NAME	ROLE	PHONE
Barbie	WildChina Academic manager	+88 (6) 919616972
Joe	WildChina local guide	+86(0) 15937957255
Abraham	WildChina Program Manager	+86 (0) 13911858310
WildChina	Operation Headquarter	+01 (0) 64656602

Hospital Information



HOSPITAL IN DENG FENG

医院：登封市中医院

Hospital: Dengfeng Traditional Chinese
Medicine Hospital



ADDRESS & TELEPHONE

地址：河南省登封市区中岳大街 17 号

Address: No. 17, Zhongyue Street, Dengfeng City,
Henan Province

电话： +86 62862265

Tel: +86 62862265



HOSPITAL IN LUOYANG

医院：河南科技大学第一附属医院

Hospital: The First Affiliated Hospital of Henan
University of Science and Technology



ADDRESS & TELEPHONE

地址：河南省洛阳市涧西区景华路 24 号

Address: No. 24, Jinghua Road, Jianxi District,
Luoyang, Henan

电话： +86 0379-64830995

Tel: +86 0379-64830995



Staffing Guide

Roles and Responsibilities of WildChina Staff on the Program

Program Leader

- Ultimately in charge of the program
- Coordinating between the school, WildChina offices, teachers, and each group's Academic Managers

Academic Manager

- Explains games, activities and the overall program for their own group
- Is responsible for a group of students and delivering the program learning goals

Logistics Staff

- Arranging transportation, meals, accommodations, bookings and site safety
- Ensuring equipment integrity

Experts

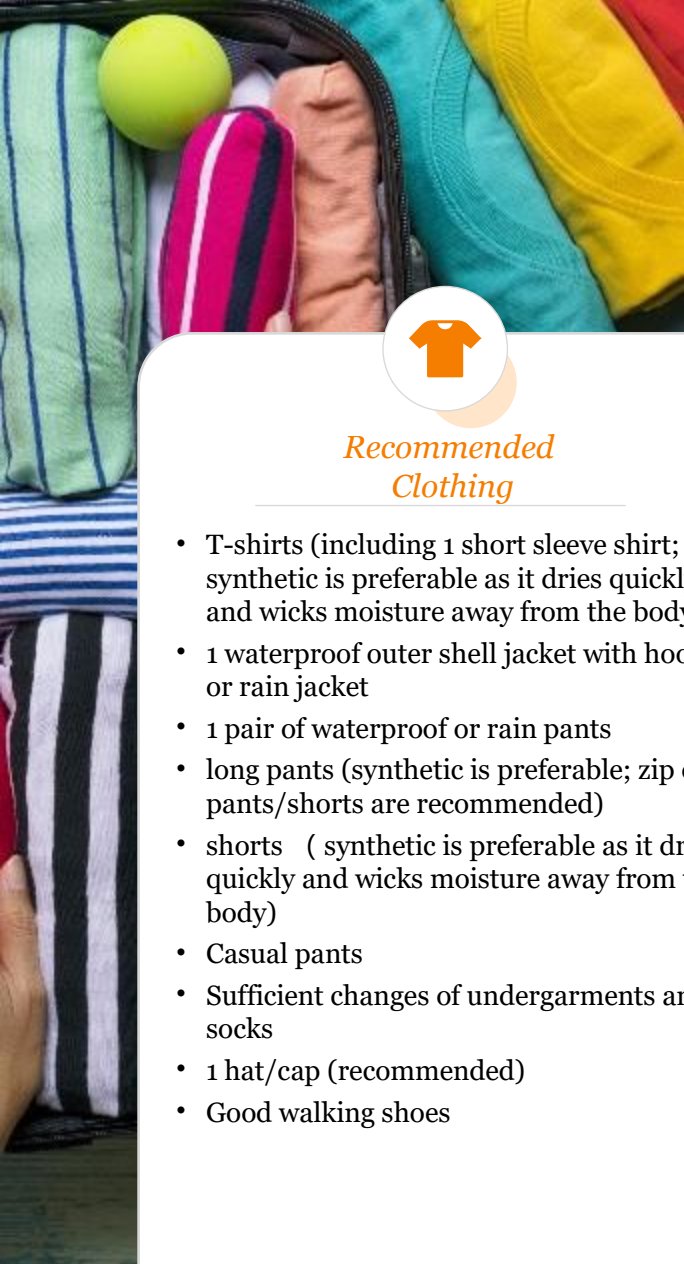
- Specialize in a specific activity or sport and are responsible only for the module/activity they are delivering

Drivers

- Road and transport safety on buses
- Ensuring transportation runs on time



Packing List



SUGGESTED PACKING LIST

What to Bring



Recommended Clothing

- T-shirts (including 1 short sleeve shirt; synthetic is preferable as it dries quickly and wicks moisture away from the body)
- 1 waterproof outer shell jacket with hood or rain jacket
- 1 pair of waterproof or rain pants
- long pants (synthetic is preferable; zip off pants/shorts are recommended)
- shorts (synthetic is preferable as it dries quickly and wicks moisture away from the body)
- Casual pants
- Sufficient changes of undergarments and socks
- 1 hat/cap (recommended)
- Good walking shoes



Recommended Toiletries

- Lip salve, such as Blistex or Carmex
- Moisturizer
- A personal hand/face towel
- Face Masks
- Toothbrush & Toothpaste
- Special toiletries
- Small bottle sun block
- 1 travel towel
- Personal Toilet Paper
- Personal Hand Sanitizer



Other Recommended Items

- 1 suitcase
- 1 day-bag (15-30 Litter)
- 1 liter water bottle
- 1 pair of sunglasses
- Books, journals
- Rain poncho



Packing Reminders

- Passport and visa/ID card
- Please inform WildChina if you have any food allergies so we can tell restaurants ahead of time
- Medication for motion sickness if necessary
- Medication for minor cuts
- All necessary medication

Weather



Month	High / Low(°C)	Avg days of Rainfall
April	23/10	4

* We will be able to give a better estimate of the weather as we get closer to the date.





Health & Safety

Health and Safety



At WildChina, we are committed to ensuring that all our programs meet the latest health and safety standards, and these are available to your administration and parents upon request. To do this, we adhere to the British School Travel Forum's strict code of practice and safety standards to vet accommodations, transport, activities and food service providers used on your trip. Our program audits are available to your administration once your program is confirmed.



WildChina is covered

Insurance & medical assistance

As a fully licensed Travel Company we maintain General Liability Insurance for all our clients. For all programs, an emergency vehicle is provided to enable swift transfers to the closest hospital. For extremely remote locations, WildChina staff have the contact details of the appropriate 'airlift' medical evacuation services.

At least one member of the WildChina staff carries a functioning GPS phone to contact emergency services.



WildChina maintains

Incident & Near Miss Reports

Using specialized software and systems, WildChina Education maintains constant contact in times of near misses and incidents with our crisis management team.

Our team then takes these near miss reports and integrates them into our preventative measures to ensure next level safety.



WildChina has risk expertise

Experts

On our crisis management team are veterans in the industry and include Mr. Simon Drayton, a former international search and rescue professional corp member and former British Coastguard manager.

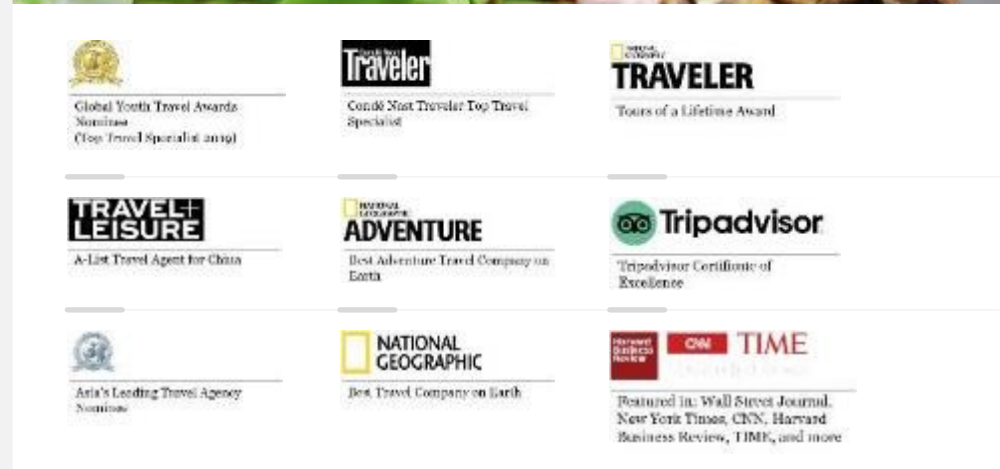
Our team then takes these near miss reports and integrates them into our preventative measures to ensure next level safety.



About WildChina Education

WildChina Education is the curator of experiential learning experiences for the world's leading institutions including Harvard, Stanford, Columbia, Dulwich, Nord Anglia, Wellington, Harrow and many more. Our commitment to safety, sustainability, and creative high-quality itineraries has made us Asia's oldest and most established leader in educational travel.

Whether it is for IB CAS, longitudinal service learning, STEM studies, the International Award, or subject-focused curricula, our team of in-house academic managers works with each school and organization to design programs that enriches and connects classroom learning to real-world situations.



Technical Outdoor Ed *Powered by Terratribes*



Terratribes and WildChina are affiliate companies that both specialize in Experiential Education. We design with lifelong learning and intellectual exploration in mind, for both the communities we serve and the learners we engage.



Terratribes

A **WILDCHINA**
AFFILIATED COMPANY

In partnering together, we are able to better serve this mission by expanding our outdoor education offerings and adding an on-the-ground presence in one of China's top outdoor education destinations - Yangshuo.

We now also offering internationally accredited certification courses such as Wilderness Medical Association's (WMAI) Wilderness First Aid and Leave No Trace (LNT) certificate trainings. We hope that, by providing these courses, we can help to enable greater safety and awareness for both individuals and educators involved in the outdoor industry.

Sincerely,

Haena Seongsin Kim

Information **Director**

References – Don't just take our word for it

We have been running innovative, custom-crafted educational tours since 2000 with responsible professionalism, and while maintaining an exemplary safety record. We are the curator of experiential learning experiences for the world's leading institutions including Harvard, Stanford, Dulwich, Nord Anglia, Wellington, Harrow and many more. Our commitment to safety, sustainability, and creative high-quality itineraries has made us Asia's oldest and most established leader in educational travel

“A truly remarkable trip. A survey went out to all 122 explorers, and the trip received an overall rating of 4.74 out of 5. A true testament to the magnificent work done by your team to make this unique and extraordinary vision a reality”

**Dulwich
College, Beijing**

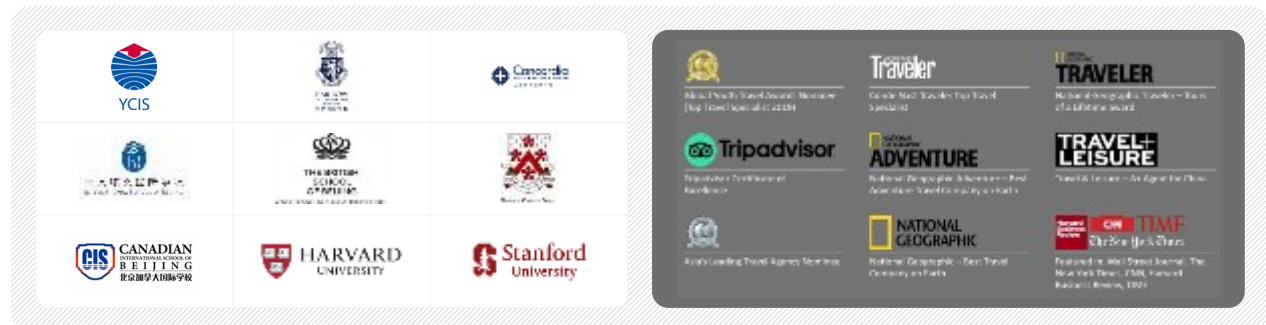
“It was an epic trip to a beautiful part of the world with a real sense of remoteness and challenge. Exactly what we wanted.

**Shatin College,
Hong Kong**

“Adam, Sonam and Susan were wonderful teachers in every setting and did a great job running reflection sessions for the group

**Stanford
University, USA**

WildChina is privileged to serve some of the world's leading institutions and has been recognized in many top journals for its innovation and quality



Any questions, get in touch

WildChina
*Creating life-changing
experiences*



www.wildchinaeducation.com
education@wildchina.com



+86 10 6465 6602
+86 187 2195 0784



Beijing | Shanghai |
Guangdong | San Francisco

