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EXPLORE SHANGHAI

by Camp Greenwoods

Canadian International School of Beijing May 2-5, 2023 Year 5

Venture, Explore, Expand



PROGRAM INTRO

Shanghai. We've arrived. A city often seen as an epicenter of culture, internationalism, and commerce. Students. Welcome! We welcome you to our second home: Shanghai. This bustling city is filled with all that one could imagine, from delicious food to historic city temples. Meanwhile, the Greenwoods team is ready to receive you and show you the way!

This program combines all that students require. Exploring themselves, exploring their surroundings, and exploring the culture and history of this international city. Lastly, camp isn't camp without our traditional camp fire and camp activities that are aimed at challenging students and giving them room to explore. We delve into China with the guidance of our professional team.

By the way, we actually get to live on a camp site: Camp Greenwoods.

Take our hand and join us in Shanghai. The pearl of the orient.



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HOUSING BASE





SCHEDULE AT GLANCE

G5 Shanghai Schedule				
TIME	DAY 1	DAY 2	DAY 3	DAY 4
AM	Travel	Prep	Prep	Pack
		Breakfast		
		Suzhou River Ferry	Kayaking / Zip Line	Morning Camp Activities
	Lunch	City Lunch	Lunch	
PM	Arrivals	Jing'an Temple /	Woodshop & Crafts	
	Icebreakers	Shangahi City Tour	Archery / Gaga	
	Dinner			Departures
	Adventure Race	Camp Fire Night	Glow Party	
	Lights Out			





Day 1 Arrival Day

Travel days are always long, but rest assured our students once they arrive to camp will be excited and pumped for what's to come!

Morning

Meet at School – Bus to Train Station Travel Lunch on Train

Afternoon

Arrivals to Shanghai Hongqiao Ice Breakers & Orientation Check-in

Evening

Dinner Adventure Race (Minute to Win It)







Day 2 Shanghai City Day

Let's get right into it. We take the students to the city to see the sites, and learn about the importance of this historic city.

Morning

Breakfast Suzhou River Ferry

Lunch

Afternoon Jing'An Temple Shanghai Tour & Games

Evening Dinner







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Day 3 Shanghai Camp Day

A trip wouldn't be a trip without kids learning outdoors, expanding their minds, and building a renewed camp spirit

> **Morning** Breakfast Flag Raising Kayaking / Zip Line

Lunch & Rest Hour

Afternoon Archery / Gaga Ball / More

> **Evening** Dinner Glow in the Dark Party











Day 4 Closing Day

We have one final event for students on departure day. A camp surprise and favorite. Surely something our students will remember as they continue their journey back to school.

> **Morning** Breakfast All Camp Game

> > Lunch

Afternoon Departures & Goodbyes

Evening Bus to School Parent Pick up from School





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CISB YEAR 5

CAMP VALUES



Greenwoods 5 Core Values 友谊 Friendship 尊重 Respect 耐心 Patience 毅力 Perseverance 帮助 Service

Nominations: At the end of each day, students and adults may nominate those who they believe represented the core value of the day. It's a tradition at camp to acknowledge good efforts, deeds, and values.





PACKING LIST

Essentials

- All Adults to bring physical Passports/IDs
- Physical passport/ID (for students)
 <u>Please write your child's full name on both back and front</u> <u>cover of passport – Can use a sticker</u>
- 1x small backpack for daily use
- 1x water bottle (*with name written*)
- Hand Sanitizer
- Sunscreen
- Recommend to label child's clothing (write name on the inside tag) Smaller children may lose items)

Clothing

Prepare for 4 days + Back Up

- 1x raincoat
- T-shirts
- Hat/Cap
- Hoodie/sweater
- Light jacket
- Sport shorts
- Long pants
- Underwear
- Socks
- Pajamas
- Sports watch
- Water Shoes (for kayaking)

Toiletries

- Toothpaste & toothbrush
- Travel sized shampoo & body soap
- Bath Towel

Optional

- Reading Book
- Slippers
- Sunglasses
- Extra underwear or socks
- Bug Repellent
- Flashlight! Or Head light (for camp fire)

Do Not Bring

- Jewelry
- Money
- Food / Snacks
- Electronics (mobile phones, ipads, etc)
- Potentially offensive clothing
- Items inappropriate at school are inappropriate at Camp



CLIMATE DETAILS

Location: Shanghai Month: April

Avg. High 24°C

Avg. Low 16°C

Avg. Rainfall 112 mm

Humidity 74%

In early May, the weather in Shanghai is generally mild and pleasant, with average daytime temperatures ranging from 18-24 degrees. While there may be occasional rainy days, May is usually a good time to visit. Be prepared for any climate Shanghai may throw you!







ACCOMODATION DETAILS

Housing: Shanghai Camp Greenwoods 游美上海国际营地

Camp is located in the west side of Shanghai (Qingpu District) on Sun Island Resort.

Bunks are spacious, clean and totally camp style! They're meant for communal living and community building. Students will be 10 to a room, with private showers and bathrooms. Please bring own toiletries and towels.

Chaperone staff are located in each building for appropriate supervision.

Hallways are monitored with 24/7 security cameras.













FAQ

Can I bring a phone or iPad?

All electronics will be confiscated by your teachers. The intention of this trip is to connect offline and get away from the distractions of electronics. All electronics will be confiscated by your teachers. The intention of this trip is to connect offline and get away from the distractions of electronics. Furthermore, ipads and other gadgets are expensive, and the risk of loss property is always high on trips.

Is there time for shopping?

There will be no shopping on this trip. Please keep money and valuables at home. These items are bring at your own risk

What should I definitely not forget?

Water Bottle essential item! Covid masks!

What is Gaga?

Gaga is a ball game invented in Israel. It became popularized in North American camps some many years ago by Israeli international exchange students & camp staff. It is now one of the most popular ball game sports at traditional Camps across the world.

Is Camp safe?

Rest assured, YMCE's 12 year history of running both domestic and international programs has a proven record of success. Many of our staff are AHA First Aid and WAFA certified. Beyond that, we have successfully serviced nearly 80,000 children in our summer and winter camp programs alone. It is safe to say that children in our care are emotionally and physically in a good place. All sites have been tested and RAMS created for each.

Will it rain?

That's always a possibility! So let's bring our raincoats.

What time of shoes should I bring?

Comfortable athletic shoes, sneakers are key for most trips. Hiking boots not required.

Tips on luggage.

Definitely don't overpack for your child. Luggage cases ideally have wheels for easy transferring. Packing is also a good family activity to do to have our children learn about planning ahead.



The story of You Mei Camp Education (YMCE) / Camp Greenwoods starts from humble beginnings in a lowly Beijing apartment in 2010. Four friends from the U.S & China came together to discover that the traditional summer camp experience in China was yet to exist and a catalyst organization was needed to create it; thus YMCE was born. No longer would China have to wait for s'mores, camp fires, bunk life and bug juice, a group was there to show them the way.

With our strong roots in camp, we quickly were able to adapt a wide variety of educational options for students and families everywhere. School trips, summer camps, ski trips, residential overnights, WWW, LNT, outdoor adventures, Duke of Edinburgh Adventurous Journeys, and so much more.

Today, we are proud to be industry leaders helping shape and pave the way for more Camp in China; be it through summer camps or school programs. Part of our work has included co-founding the Children's (China) Camp Education Alliance (Association) in 2015, taking an active role in international camping board The ICF, and are highly regarded among camp professionals in the region and world.

We have now grown beyond traditional summer and winter programs to having built and managed 7 outdoor sites (Camp Greenwoods) across the mainland stretching from Yunnan to Beijing hosting student & adult groups, facilitating industry trainings, and more. Boasting a team of 50+ across four city offices in China, we are ready and capable to service a variety of partners across a multitude of industries and programs.



Our Mission

Cultivate young people with a global & competitive edge

Our Values

Diversity, Respect, Responsibility, Growth

Our Slogan