

MENU

CISB ES Snack Menu 2023



	MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 & Week 3	Morning Snack	Banana 香蕉 Danish 丹麦 Yogurt 酸奶	Apple 苹果 Mini Croissant 小牛角 Orange Juice 橙汁	Dragon Fruit 火龙果 Chiffon Cake 戚风蛋糕 Mung Bean Soup 绿豆汤	Banana 香蕉 Muffin 玛芬 Milk 牛奶	Apple 苹果 Banana Bread 香蕉包 Juice 果汁

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	MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2 & Week 4	Morning Snack	Banana 香蕉 Mini Cookie 小曲奇 Juice 果汁	Apple 苹果 Danish 丹麦 Apple Fruit Water 冰糖苹果水	Honey Melon 哈密瓜 Egg Tart 蛋挞 Yogurt 酸奶	Banana 香蕉 Muffin 玛芬 Orange Juice 橙汁	Apple 苹果 Banana Bread 香蕉包 Milk 牛奶