

STATION	MONDAY 1.8	TUESDAY 1.9	WEDNESDAY 1.10	THURSDAY 1.11	FRIDAY 1.12
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Solar Term- Minor Cold 农历小寒 Hunan Spicy Chicken 湖南麻辣子鸡 Chinese Bok Choy with Mushroom 香菇油菜 Steamed Rice 米饭	Braised Pork with Eggplant 鱼香猪肉烧茄子 Stir-fried Cabbage 炆炒圆白菜 Steamed Rice 米饭	Hot Spicy Pot 麻辣香锅 Stewed Cabbage and Vermicelli 白菜炖粉条 Steamed Rice 米饭	Chinese Noodle 手擀面 Vegetarian Sauce 素打卤 Chicken Sauce 鸡丝卤 Vegetable 时令蔬菜	Shredded Pork with Garlic Sauce 鱼香猪肉丝 Stir-fry Vermicelli with Celery 芹菜炒粉条 Steamed Rice 米饭 Stir-fry Chinese Pancake 炒饼
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶

WEEKLY MENU

STATION	MONDAY 1.15	TUESDAY 1.16	WEDNESDAY 1.17	THURSDAY 1.18	FRIDAY 1.19
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Sauteed Beef with Bell Pepper 彩椒牛肉丝 Braised Mushroom with Winter Melon 蘑菇烧冬瓜 Steamed Rice 米饭	Stir-fried Pork with Mushroom 鲜蘑猪肉片 Tofu Stew with Cabbage 白菜豆腐 Steamed Rice 米饭	Braised Chicken Drumsticks 酱香鸡琵琶腿 Stir-fry Cabbage in Black Bean Sauce 豆豉汁炒包菜 Steamed Rice 米饭	Chinese Noodle 手擀面 Vegetarian Sauce 素打卤 Eggplant & Pork Sauce 茄子猪肉丁卤 Vegetable 时令蔬菜	Solar Term-Major Cold 农历大寒 Stewed Potato with Pork 红烧肉炖土豆 Sautéed Bok Choy 清炒油菜 Steamed Rice 米饭 Chinese Pancake 大饼
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶

STATION	MONDAY 1.22	TUESDAY 1.23	WEDNESDAY 1.24	THURSDAY 1.25	FRIDAY 1.26
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Braised Duck with Turnip 蒜苔萝 烧鸭 Sautéed Mixed Vegetables 京味炒合菜 Steamed Rice 米饭	Sautéed Pork 农家小炒猪肉 Sautéed Celery with Bean Curd 香干芹菜 Steamed Rice 米饭	Stir-Fried Beef with Tofu 麻婆牛肉豆腐 Stir-fry Zucchini & Egg 西葫芦炒蛋 Steamed Rice 米饭	Beijing Noodle with Shrimp, Egg & Vegetable 北京三鲜打卤面 Vegetable 时令蔬菜	Poached Spicy Pork 水煮肉 Sautéed Winter Melon 烧冬瓜 Steamed Rice 米饭 Stir-fry Chinese Pancake 炒饼
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶

WEEKLY MENU

STATION	MONDAY 1.29	TUESDAY 1.30	WEDNESDAY 1.31	THURSDAY 2.1	FRIDAY 2.2
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Sauteed Beef 蚝油牛肉 Braised Potato with Green Pepper 青椒土豆丝 Steamed Rice 米饭	Twice-Cooked Pork 四川回锅肉 Tofu Stew with Cabbage 白菜豆腐 Steamed Rice 米饭	Shandong Fried Chicken 山东炒鸡 Stir-fry Cabbage in Black Bean Sauce 豆豉汁炒包菜 Steamed Rice 米饭	Moo Shu Pork 木须肉（猪肉） Sautéed Winter Melon 烧冬瓜 Steamed Rice 米饭	Kung Pao Chicken 宫保鸡丁 Sautéed Bok Choy 清炒油菜 Steamed Rice 米饭 Chinese Pancake 大饼
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶