

WEEKLY MENU

STATION	MONDAY 4.7	TUESDAY 4.8	WEDNESDAY 4.9	THURSDAY 4.10	FRIDAY 4.11
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Stir-fry Pork with Garlic Sprouts and Fungus 蒜苗木耳炒肉片 Chinese Bok Choy with Mushroom 香菇油菜 Steamed Rice 米饭	Braised Pork with Eggplant 鱼香猪肉烧茄子 Stir-fried Cabbage 炆炒圆白菜 Steamed Rice 米饭	Hot Spicy Pot 麻辣香锅 Stewed Cabbage and Vermicelli 白菜炖粉条 Steamed Rice 米饭	Hunan Spicy Chicken 湖南麻辣子鸡 Sautéed Bok Choy 清炒油菜 Steamed Rice 米饭	Shredded Pork with Garlic Sauce 鱼香肉丝 Stir-fry Vermicelli with Celery 芹菜炒粉条 Steamed Rice 米饭
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶

WEEKLY MENU

STATION	MONDAY 4.14	TUESDAY 4.15	WEDNESDAY 4.16	THURSDAY 4.17	FRIDAY 4.18
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Sauteed Beef with Bell Pepper 彩椒牛肉丝 Braised Mushroom with Winter Melon 蘑菇烧冬瓜 Steamed Rice 米饭	Stir-fried Pork with Mushroom 鲜蘑猪肉片 Tofu Stew with Cabbage 白菜豆腐 Steamed Rice 米饭	Braised Chicken 酱香鸡 Stir-fry Cabbage in Black Bean Sauce 豆豉汁炒包菜 Steamed Rice 米饭	Braised Duck with Bamboo Shoots and Mushroom 冬笋香菇烧鸭块 Sautéed Cauliflower with Tomato 番茄炒菜花 Steamed Rice 米饭	Stir-Fried Tofu with Pork 家常豆腐 (猪肉) Sautéed Bok Choy 清炒油菜 Steamed Rice 米饭
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶

STATION	MONDAY 4.21	TUESDAY 4.22	WEDNESDAY 4.23	THURSDAY 4.24	FRIDAY 4.25
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Braised Duck with Turnip 蒜苔萝 烧鸭 Sautéed Mixed Vegetables 京味炒合菜 Steamed Rice 米饭	Sautéed Pork 农家小炒猪肉 Sautéed Celery with Bean Curd 香干芹菜 Steamed Rice 米饭	Stir-Fried Beef with Tofu 麻婆牛肉豆腐 Stir-fry Zucchini & Egg 西葫芦炒蛋 Steamed Rice 米饭	Shandong Fried Chicken 山东炒鸡 Stir-fry Cabbage in Black Bean Sauce 豆豉汁炒包菜 Steamed Rice 米饭	Poached Spicy Pork 水煮肉 Sautéed Winter Melon 烧冬瓜 Steamed Rice 米饭
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶

WEEKLY MENU

STATION	MONDAY 4.28	TUESDAY 4.29	WEDNESDAY 4.30	THURSDAY	FRIDAY
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤		
Staff Lunch Set Menu 员工餐	Braised Chicken 蚝油鸡肉 Sautéed Winter Melon 烧冬瓜 Steamed Rice 米饭	Twice-Cooked Pork 四川回锅肉 Tofu Stew with Cabbage 白菜豆腐 Steamed Rice 米饭	Kung Pao Chicken 宫保鸡丁 Braised Potato with Green Pepper 青椒土豆丝 Steamed Rice 米饭	Holiday	Holiday
Fruit	Fruit 水果	Fruit 水果	Fruit 水果		