

STATION	MONDAY 5.5	TUESDAY 5.6	WEDNESDAY 5.7	THURSDAY 5.8	FRIDAY 5.9
KGT Morning Snack 幼儿园上午 间点	Apple 苹果	Banana 香蕉	Sweet Melon 伊丽莎白瓜	Dragon Fruit 火龙果	Pear 梨
KGT Afternoon Snack 幼儿园下午 间点	Waffle 华夫饼 Milk 牛奶	Jujube Cake 红枣糕 Passion Fruit and Lemon Water 百香果柠檬水	Honey Bread 蜂蜜小面包 Yogurt 酸奶	Muffin 玛芬 Sweet& Sour Plum Soup 酸梅汤	Marble Cake 大理石蛋糕 Red Bean Paste with Coconut Milk 椰奶红豆沙

NUTRITIONAL FACTS 营养成分表 (100g)

Energy 能量(Kcal)	Protein 蛋白质(g)	Carb 碳水化合物(g)	Fat 脂肪(g)
236	8.5	32.5	8.2

STATION	MONDAY 5.12	TUESDAY 5.13	WEDNESDAY 5.14	THURSDAY 5.15	FRIDAY 5.16
KGT Morning Snack 幼儿园上午 间点	Sweet Melon 伊丽莎白瓜	Banana 香蕉	Apple 苹果	Dragon Fruit 火龙果	Pear 梨
KGT Afternoon Snack 幼儿园下午 间点	Coconut Cracker 椰蓉饼干 Honey & Jujube Water 蜂蜜红枣水	Purple Sweet Potato Bread 紫薯包 Yogurt 酸奶	Donut 甜甜圈 Mung Bean Soup 绿豆汤	Egg Tart 蛋挞 100% Juice 100%果汁	Honey Cake 蜂蜜蛋糕 Pear and Water Chestnut Soup 冰糖雪梨马蹄水

NUTRITIONAL FACTS 营养成分表 (100g)

Energy 能量(Kcal)	Protein 蛋白质(g)	Carb 碳水化合物(g)	Fat 脂肪(g)
223	8.7	31.6	7.0

WEEKLY MENU



STATION	MONDAY 5.19	TUESDAY 5.20	WEDNESDAY 5.21	THURSDAY 5.22	FRIDAY 5.23
KGT Morning Snack 幼儿园上午 间点	Pear 梨	Banana 香蕉	Sweet Melon 伊丽莎白瓜	Apple 苹果	Dragon Fruit 火龙果
KGT Afternoon Snack 幼儿园下午 间点	Pumpkin & Milk Bun 南瓜奶香面包 100% Juice 100%果汁	Mini Croissant 小牛角 Milk 牛奶	Green Bean Pastry 绿豆饼 Yogurt 酸奶	Cranberry Butter Cake 蔓越莓黄油蛋糕 Water Chestnut & Honey Water 蜂蜜马蹄水	Steamed Egg Custard Bun 流沙包 Osmanthus and Red Bean Soup 桂花红豆汤

NUTRITIONAL FACTS 营养成分表 (100g)

Energy 能量(Kcal)	Protein 蛋白质(g)	Carb 碳水化合物(g)	Fat 脂肪(g)
201	8.0	28.3	6.2

STATION	MONDAY 5.26	TUESDAY 5.27	WEDNESDAY 5.28	THURSDAY 5.29	FRIDAY 5.30
KGT Morning Snack 幼儿园上午 间点	Apple 苹果	Banana 香蕉	Pear 梨	Dragon Fruit 火龙果	Sweet Melon 伊丽莎白瓜
KGT Afternoon Snack 幼儿园下午 间点	Banana Bread 香蕉包 Lemon & Honey Water 柠檬蜂蜜水	Pineapple Bun 菠萝包 Apple Pear Soup 苹果梨汤	Salted Egg Yolk Pastry 咸蛋黄一口酥 Yogurt 酸奶	Sausage Rolls 香肠卷 Mung Bean Soup 绿豆汤	Children's Day Special Hash Brown 薯饼 Sweet & Sour Plum Soup 酸梅汤

NUTRITIONAL FACTS 营养成分表 (100g)

Energy 能量(Kcal)	Protein 蛋白质(g)	Carb 碳水化合物(g)	Fat 脂肪(g)
210	9.1	27.0	7.3