

WEEKLY MENU

STATION	MONDAY 6.2	TUESDAY 6.3	WEDNESDAY 6.4	THURSDAY 6.5	FRIDAY 6.6
KGT Morning Snack 幼儿园上午 间点	Holiday	Banana 香蕉	Sweet Melon 伊丽莎白瓜	Pear 梨	Apple 苹果
KGT Afternoon Snack 幼儿园下午 间点		Potato Balls 咸味薯球 Milk 牛奶	Steamed Custard Bun 奶黄包 Red Bean Paste with Coconut Milk 椰奶红豆沙	Waffle 华夫饼 Pear and Water Chestnut Soup 冰糖雪梨马蹄水	Green Tea Cake 抹茶蛋糕 Sweet& Sour Plum Soup 酸梅汤

NUTRITIONAL FACTS 营养成分表 (100g)

Energy 能量(Kcal)	Protein 蛋白质(g)	Carb 碳水化合物(g)	Fat 脂肪(g)
236	8.5	32.5	8.2

STATION	MONDAY 6.9	TUESDAY 6.10	WEDNESDAY 6.11	THURSDAY 6.12	FRIDAY 6.13
KGT Morning Snack 幼儿园上午 间点	Sweet Melon 伊丽莎白瓜	Banana 香蕉	Apple 苹果	Dragon Fruit 火龙果	Pear 梨
KGT Afternoon Snack 幼儿园下午 间点	Egg Tart 蛋挞 100% Juice 100%果汁	Salted Egg Yolk Pastry 咸蛋黄一口酥 Apple Pear Soup 苹果梨汤	Donut 甜甜圈 Mung Bean Soup 绿豆汤	Banana Bread 香蕉包 Lemon, Cucumber & Mint Water 柠檬黄瓜薄荷水	Dorayaki 铜锣烧 Yogurt 酸奶

NUTRITIONAL FACTS 营养成分表 (100g)

Energy 能量(Kcal)	Protein 蛋白质(g)	Carb 碳水化合物(g)	Fat 脂肪(g)
223	8.7	31.6	7.0

WEEKLY MENU

STATION	MONDAY 6.16	TUESDAY 6.17	WEDNESDAY 6.18	THURSDAY 6.19	FRIDAY 6.20
KGT Morning Snack 幼儿园上午 间点	Apple 苹果	Banana 香蕉	Sweet Melon 伊丽莎白瓜	Pear 梨	Apple 苹果
KGT Afternoon Snack 幼儿园下午 间点	Steamed Egg Custard Bun 流沙包 Fruit Infused Water 果泡水	Chiffon Cake 戚风蛋糕 Sweet& Sour Plum Soup 酸梅汤	Red Bean Pastry 红豆饼 100% Juice 100%果汁	Salted Egg Yolk Pastry 咸蛋黄一口酥 Milk 牛奶	Holiday

NUTRITIONAL FACTS 营养成分表 (100g)

Energy 能量(Kcal)	Protein 蛋白质(g)	Carb 碳水化合物(g)	Fat 脂肪(g)
201	8.0	28.3	6.2