

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STATION	11.3	11.4	11.5	11.6	11.7
Soup	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤	Daily Soup 每日例汤
Staff Lunch Set Menu 员工餐	Fried Pork with Cucumber and Agaric 滑溜肉片 Sautéed Bok Choy 清炒油菜 Steamed Rice 米饭	Fried Pork with Dry Tofu 香干炒肉 Shredded Potato with Green Bell Pepper 青椒土豆丝 Steamed Rice 米饭	Hot Spicy Pot 麻辣香锅 Stewed Cabbage and Vermicelli 白菜炖粉条 Steamed Rice 米饭	Braised Chicken with Mushroom 小鸡炖蘑菇 Sautéed Bok Choy 清炒油菜 Steamed Rice 米饭	Start of Winter 立冬 Moo Shu Beef 牛肉醋溜木须 Stir-fried Zucchini & Egg 西葫芦炒蛋 Steamed Rice 米饭
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶



STATION Soup	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11.10	11.11	11.12	11.13	11.14
	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
Staff Lunch Set Menu 员工餐	每日例汤 Yimeng Fried Chicken 沂蒙炒鸡 Mushroom with Winter Melon 蘑菇烧冬瓜 Steamed Rice 米饭	每日例汤 Fried Pork with Cucumber and Carrot 猪肉酱爆三丁 Sauteed Potato, Green Pepper & Eggplant 地三鲜 Steamed Rice 米饭	每日例汤 Braised Duck in Sichuan Sauce 茶香鸭块 Tomato and Cabbage 番茄圆白菜 Steamed Rice 米饭	每日例汤 Spicy Pork 水煮猪肉 Sautéed Bok Choy 清炒油菜 Steamed Rice 米饭	每日例汤 Kung Pao Chicken 宫保鸡丁 Sautéed Celery with Bean Curd 香干芹菜 Steamed Rice 米饭
Fruit	Fruit	Fruit	Fruit	Fruit	Yogurt
	水果	水果	水果	水果	酸奶



STATION	MONDAY 11.17 Daily Soup	TUESDAY 11.18 Daily Soup	WEDNESDAY 11.19 Daily Soup	THURSDAY 11.20 Daily Soup	FRIDAY 11.21 Daily Soup
Soup	每日例汤	每日例汤	每日例汤	每日例汤	每日例汤
Staff Lunch Set Menu 员工餐	Spicy Fish with Tofu 椒香鱼豆腐 Chinese Bok Choy with Mushroom 香菇油菜 Steamed Rice 米饭	Braised Pork with Potato 猪肉烧土豆 Tofu & Cabbage Stew 白菜炖豆腐 Steamed Rice 米饭	Steamed Chicken & Mushroom 香菇蒸嫩鸡 Sauteed Mixed Vegetables 京味炒合菜 Steamed Rice 米饭	Stir-fried Tofu with Pork 家常豆腐 (猪肉) Stir-fried Zucchini & Egg 西葫芦炒蛋 Steamed Rice 米饭	Fried Pork with Garlic Sprouts 蒜苔炒猪肉丝 Fried Potato with Green Pepper 青椒土豆片 Steamed Rice 米饭
Fruit	Fruit 水果	Fruit 水果	Fruit 水果	Fruit 水果	Yogurt 酸奶



STATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11.24	11.25	11.26	11.27	11.28
Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup	Daily Soup
	每日例汤	每日例汤	每日例汤	每日例汤	每日例汤
Staff Lunch Set Menu 员工餐	Stir-Fried Duck with Onion and Cumin 洋葱孜然鸭 Braised Pork with Mixed Vegetable 东北大丰收 Steamed Rice 米饭	Braised Pork Eggplant 猪肉烧茄子 Potherb Mustard and Bamboo Shoots with Dried Tofu 雪菜笋丝烧素鸡 Steamed Rice 米饭	Braised pork with Vermicelli 宽粉红烧肉 Chinese Bok Choy with Mushroom 香菇油菜 Steamed Rice 米饭	Shredded Pork with Garlic Sauce 鱼香肉丝 Shredded Potato with Green Bell Pepper 青椒土豆丝 Steamed Rice 米饭	Stir-fried Chicken with Black Bean Sauce 湖南豉汁剁椒蒸 鸡 Sauteed Babby Cababge 干锅娃娃菜 Steamed Rice 米饭
Fruit	Fruit	Fruit	Fruit	Fruit	Yogurt
	水果	水果	水果	水果	酸奶