



**INSIGHT
ADVENTURES**
Lifelong learning without boundaries.

**5D4N PROGRAM FOR G12
IN INNER MONGOLIA
CULTURE IMMERSION & COMMUNITY
SERVICE**

PROGRAM OVERVIEW

This 5-day-4-night Inner Mongolia expedition for G12 students integrates immersive Mongolian cultural learning, grassland and desert outdoor challenges, and community environmental service. Participants will travel to Ordos Grassland and Yemingsha Desert to engage in traditional Mongolian workshops, archery and folk customs experiences, desert survival training, dune adventure activities, ecological tree planting and wild licorice field research. The programme combines overnight stays in authentic Mongolian yurts and desert tent camping, supported by evening stargazing, reflective sessions and a closing cultural ceremony. It offers senior students valuable opportunities for cross-cultural exploration, outdoor resilience building and hands-on environmental service aligned with CAS learning outcomes.



GRASSLANDS AND DESERTS INNER MONGOLIA

Inner Mongolia is the third largest province in China, known for its diverse geography, fascinating terrains, and deep cultural heritage.

The Kubuqi Desert, the seventh largest desert in China, was the site of China's first desertification control project. As the only desert in the world to be comprehensively managed, it has been recognized by the United Nations Environmental Programme as a global model of desert ecology and economic management. Here, students will have the opportunity to experience the vastness and emptiness of the desert, feeling the power of nature and the challenges of survival.

In Inner Mongolia, besides its vast deserts, the grasslands are equally famous, covering 87 million hectares, which make up 35% of China's total grassland area. With lush greenery stretching to the horizon, the grasslands create a beautiful natural landscape. Students can freely explore this vast expanse and immerse themselves in the rich and vibrant nomadic culture of the Mongolian people, experiencing a unique connection with nature.



Mongolian Grassland Welcoming Ceremony

Upon arriving at the Qiyen Tribe of Ordos Grassland, student will experience the thousand-year-old traditional Mongolian grassland welcoming ceremony. Herders dressed in magnificent Ordos Mongolian robes line up to greet us, holding sacred hada scarves and bowls of fragrant mare's milk wine (fruit juice will be used as a substitute for mare's milk wine). Melodious Mongolian long-tune folk songs and morin khuur music accompany the warm reception for all visitors traveling from afar. Following age-old grassland customs, every participant will receive a sacred hada scarf and take part in the welcoming wine ritual, while listening to auspicious welcoming odes. This immersive experience allows students to appreciate the Mongolian etiquette culture built on hospitality, and gain a deep understanding of the nomadic people's core spirits of respecting guests and revering nature.



Mongolian Campfire Party

Students will immerse themselves in the thousand-year-old Mongolian Fire Worship Ceremony. Tribal elders clad in traditional Mongolian robes preside over the grand blessing ritual, reciting ancient odes passed down through generations and leading all students to pay homage to the sacred fire, allowing them to deeply comprehend the nomadic folk belief of revering the fire god and praying for peace and well-being. After the ceremony, authentic grassland cultural performances take the stage one after another, featuring morin khuur solos, energetic Andai group dances, resonant Mongolian long-tune folk songs and other intangible cultural heritage shows. Through these vivid performances, students can fully experience the bold, sincere and unrestrained humanistic charm of the Mongolian grasslands.



Mogonlia Cultural Classes

Step into the exclusive Mongolian Culture Class, where students will learn basic Mongolian phrases, try on elegant traditional robes, and learn the distinctive Andai folk dance from heritage instructors. Afterwards, they will join a handcraft workshop to make classic Mongolian headdresses, assembling silver ornaments, coral beads and tassels to recreate iconic grassland headwear. The integration of language, costume, dance and handcraft creates a full visual and sensory feast, enabling students to immerse themselves and explore the profound, vibrant nomadic civilization.



Live Show of Mongolian Wedding

Students will watch a live-action performance that fully restores the ancient tribal Mongolian wedding customs. The complete ritual is reproduced in detail, including the newlyweds dismounting to salute guests, presenting sacred hada scarves, elders reciting auspicious odes, and live traditional folk music. Elaborate Mongolian wedding costumes, unique nomadic marriage rituals, morin khuur melodies and long-tune folk songs combine to show the distinctive wedding culture and bold, romantic charm of Mongolian people. Through this immersive live show, students can gain an in-depth understanding of nomadic folk customs passed down for thousands of years.



Live Epic Show – Grassland Hero

The live-action epic Grassland Hero is staged on the natural vast grassland of Ordos Grassland Scenic Area. Centered on the rise and fall of ancient tribes and heroes defending their homeland, this grand performance integrates horseback stunts, traditional Bokh wrestling, folk dances and live special effects against the authentic grassland backdrop. It vividly depicts the stirring story of nomads protecting their homeland with perseverance and bravery. The spectacular scenes and touching performance fully showcase the bold and fearless spirit of the Mongolian people, allowing students to immerse themselves in the magnificent nomadic history and enjoy an impressive visual and emotional experience.



Mogonlia Cultural Experience

This immersive Mongolian cultural experience integrates grassland folk customs with fun outdoor activities. Students can try traditional Mongolian archery to learn the ancient hunting craft of nomads, enjoy exciting grass sledding and grass karting across the vast steppe, and work together to build a yurt from scratch to explore the architectural wisdom of nomadic dwellings. Through these interactive activities, participants can fully experience authentic nomadic life and gain a deeper understanding of unique Mongolian folk culture.

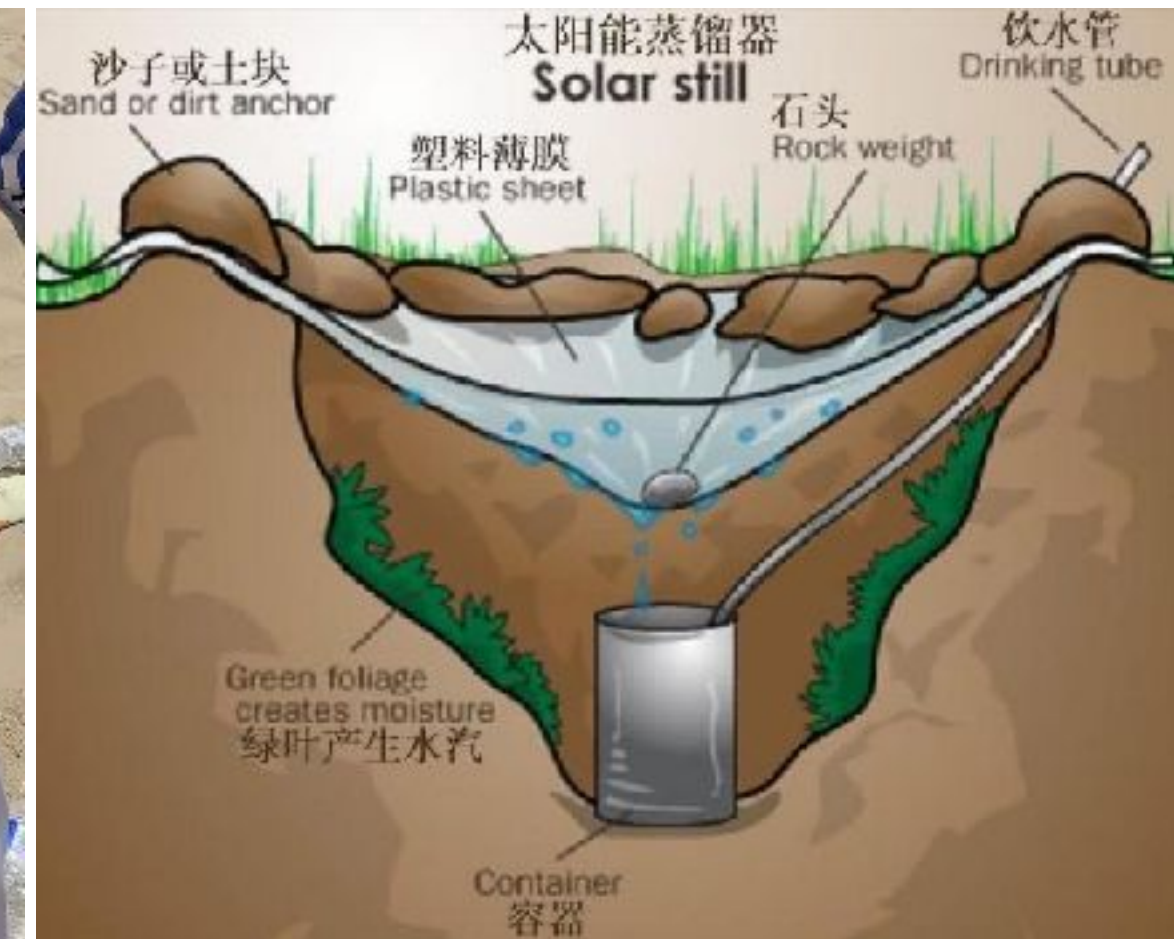


Desert Survival Workshop

In this hands-on workshop, students learn essential survival skills for one of Earth's harshest environments. They'll practice sourcing water, building shelters, crafting makeshift stoves, and pitching windproof tents using desert resources like sand.

Using GPS navigation, they'll navigate the terrain, adapt to extreme conditions, and sharpen their orientation and survival instincts. The session culminates in a thrilling "mine-clearing" treasure hunt: using demining tools to locate hidden "treasures," students put their problem-solving, attention to detail, and teamwork to the test.

Blending practical survival training with geo-catching adventure, this activity delivers an immersive, educational, and exhilarating desert exploration experience.



Desert Fun

Though deserts may seem boring, hot, and dry at first glance, they are actually full of adventure and unique experiences. Capitalizing on the stunning terrain, students will have the chance to toboggan down towering sand dunes, reliving the childhood thrill of sliding down hills, but with the added excitement of the desert's vast expanse. They will also experience the traditional mode of desert transportation—riding their very own camels as they traverse the arid landscape, gaining insight into the lifestyle of nomadic desert dwellers.



Community Service - Tree Planting

Students will take part in ecological tree-planting charity work in Kubuqi Desert. They will plant desert shrubs by themselves, gain first-hand experience of sand control projects and practice the spirit of environmental protection. Next comes the licorice-themed practical activity: students will walk deep into the desert to dig wild licorice, closely observe the forms and survival traits of drought-resistant desert plants, and learn about the ecological and medicinal value of licorice. This complete practical cycle, combining outdoor scientific investigation, public welfare labor and handcraft, enables students to deeply understand the significance of desert vegetation restoration and native desert plant resources.



ITINERARY 5D4N INNER MONGOLIA FOR G12

	Morning Activities	Afternoon Activities	Evening Activities
Day 1	- Bus from School to Station - High Speed Train to Baotou	- Lunch - Bus to Ordos Grassland Mongolia Welcome Ceremony	- Dinner Campfire Party - Mongolian Yurt
Day 2	- Breakfast Mongolian Culture Class – Language, Traditional Costumes & Folk Dance Mongolian Traditional Headdress Handcraft Workshop	- Lunch Appreciate the Traditional Mongolian Wedding Ceremony & Live Epic Show – Grassland Hero	- Dinner - Grassland Stargazing - Mongolian Yurt
Day 3	- Breakfast Mongolian Culture Experience – Traditional Mongolian Archery, Track Grass Sledding, Grassland Karting, Yurt Building Experience etc.	- Lunch - Head to Yeming Sha Desert Scenic Area Desert Survival Workshop - Set up Tent	- Dinner Reflection - Camping
Day 4	- Breakfast Desert Fun – Dune Buggy, Desert Surf Vehicle, Camel Riding, Sand Sledding & Desert Kart Experience	- Lunch Tree Planting – Community Service	- Dinner - Culture Quiz & Closing Ceremony - Camping
Day 5	- Breakfast - Bus to Baotou Station - Train to Beijing		

Packing List

Historical Climate Reference: Early September (7–11 Sep)

Temperature Range:

Day: 20–28°C | Night: 9–15°C

Dry and mostly sunny. Crisp cool mornings & evenings, warm midday. Significant diurnal temperature swing over 10°C; occasional light wind and sandy gusts across grassland and desert areas.

1. Must-Have Items

- ❑ **Sleeping Bag** (Mandatory, prepared by students. Tents and moisture-proof mats are provided by the camp.)
- ❑ **Mosquito repellent** and other anti-mosquito supplies (Adequate protection will help prevent mosquito bites while camping)
- ❑ **Valid Personal Documents** (Consistent with the information submitted during registration)
- ❑ **Large-Capacity Sports Water Cup** (For full-event use)

2. Clothing (Light, Breathable, Wear-Resistant & Sports-Friendly)

- ❑ **Tops:** 6-8 short-sleeve T-shirts, 1 thin long-sleeve coat
- ❑ **Bottoms:** 2 pairs of sports long pants, 4 pairs of sports shorts
- ❑ **Underwear & Socks:** Prepare several sets for timely replacement
- ❑ **Pajamas:** Loose and comfortable style, suitable for both hotel accommodation and camping
- ❑ **Sun Protection Gear:** Sun hat, sun protection clothing, ice sleeves

3. Toiletries & Personal Medicine

- ❑ **Basic Toiletry Set:** Toothbrush, toothpaste, towel and basic skin care products (portable sub-bottles are recommended)
- ❑ **Sanitary Supplies:** Dry tissues, wet wipes, portable garbage bags
- ❑ **Personal Medicine:** Prepare exclusive personal medicine and inform the team teacher in advance

